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Chen Taichi-cise (www.taichichen.org)

WORKSHOP: October 2007

Chen style Tai Chi Chuan

with Grandmaster Zhu Tian Cai

(assisted/interpreted by Malisa Ng (direct disciple))

AUCKLAND (NZ\$)

20-21st Oct (Sat/Sun) 9.00-4.00pm daily	Old Frame One Workshop: Revision/Principles Howick-Pakuranga Netball Centre (Lloyd Elsmore Pk)	12 hrs Fees: \$240
22 & 24th (Mon/Weds) 7.00-9.30pm	Silk-Reeling & Chen 13 Step Chen: For Beginners or Revision Location: Malisa's Training Deck (Manukau)	5 hrs Fees: \$110
26th Oct (Fri) 10.00-11.30am	Silk Reeling/Four Step Revision: Sen Citz club members Location: : Howick-Pakuranga Netball Centre (Lloyd Elsmore Pk)	1.5hrs Fees: \$5
26th Oct (Fri) 7.00-9.00pm	Mini-Seminar: Push Hands & Qinna Principles Location: Malisa's Home (plus supper) – places limited	2hrs Fees: \$40
27-28th Oct (Sat/Sun) 9.00-4.30pm	Push Hands Workshop: Intermediate (beginners accommodated) Location: Malisa's Training Deck (Manukau)	12 hrs Fees: \$300
9th Nov (Fri) 7.00-9.00pm	Mini-Seminar: Chen Tai Chi Training System/Principles Location: Malisa's Home (plus supper) – places limited	2hrs Fees: \$40
10-11th Nov (Sat/Sun) 9.00-4.00pm	Chen Sword (50 step) Workshop: Howick-Pakuranga Netball Centre (Lloyd Elsmore Pk)	10 hrs Fees: \$200
Other Events	Private Lessons by arrangement (please enquire re your needs)	1hr blocks 1 person \$80, 2 persons \$50 per

NOTES:

- 5% discount for early registration (place guaranteed)
- special rates for martial art teachers with three or more students at same workshop (please enquire)
- low cost preparatory workshops will be provided by Malisa in August-September for those who feel the need to get up to speed before-hand

MORE INFO:

- for detailed descriptions of the above traditional chen style Taijiquan training routines and their purpose please visit www.taichichen.org and go to "Chen Resources|Free Videos"

TO REGISTER:

Email: zhu@taichichen.org
 Phone: Malisa +649 266 7473 (Auckland)
 Please use the Registration Form provided.